



Myth 8: **Non-medical use of prescription drugs**

Activity - get involved!

Have you read our fact sheet on the myth regarding the safety of using prescription drugs for non-medical purposes? Do you want to get active? Read our suggestion on what to do for raising awareness on this important issue! We will then select the best contributions for publishing them at our website and Facebook page.

Get informed:

Are there any information available for your peers about the risks involved in non-medical use of prescription drugs? What are all those possible risks? Does this type of substance abuse happen in your age group where you live? Why do youth engage in it? How is their surrounding reacting to it, and are there some health or personal consequences? What about prevention programs or policies, or support for those who might already be experiencing problems with their substance use, is there anything available for your peers? What in your opinion should be available, and what would best protect youth and support their healthy lifestyles?

Share that info!

Think how you could best make your peers aware of your findings?

Illustrate the possibly existing problem, how it might impact your peers, and especially the available services in your community addressing it, for example via creating a poster for your school wall or community building.

If there are no programs in place, get creative and describe how the non-medical use of prescription drugs could and should be addressed to better protect youth in your community from its adverse consequences.

Make the information go viral:

Make a video of your findings. Introduce the issue and possible problems, make sure your peers know what is available for them to support their health and wellbeing, or get creative and imagine what could be done, and how you and your fellow peers could better tackle the issue.

Make sure to share your work, photos or videos or anything else, at our Facebook page! You can also share them with us via email: youthinitiative@unodc.org.